



# TOGETHER WE ARE

## SHORT BREAKS PROGRAMME

### For Children with Learning or Physical Disabilities

We provide a holistic experience for children and young people aged 8-12, fostering physical, sensory, and creative development.

The sessions include; participation in physical sporting activities, sensory environments and creative engagement.

Participants will explore a variety of sports, including football, basketball, rugby, cricket, tennis and more. The coaches will guide children through fun activities and friendly competitions, emphasizing teamwork, skill-building, and most importantly, enjoyment.


The Sensory environment will incorporate time in the Sensory Zone - an interactive and immersive environment that engages all the senses. Children can explore different textures, sounds, and visuals, providing a unique opportunity for relaxation and sensory exploration. Creative engagement - a dedicated timeframe that includes a blend of arts and crafts, puzzles, games, and interactive activities. This allows participants to express their creativity while engaging in collaborative problem-solving and teamwork.

Turn over to learn about; *our team, and how we engage with parents*

**Wednesdays | 16:00-18:30 (Kirklees Term time only)**  
**Age 8-12**

**Pre booking required**



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The Zone, St Andrews Road, Huddersfield, HD1 6PT

**FREE**



**GIANTS  
COMMUNITY  
TRUST**

# SHORT BREAKS PROGRAMME

## Our Team

We have a dedicated and passionate delivery team. Each coach brings a wealth of experience and enthusiasm creating a positive and inclusive environment where your child can thrive. They make physical activity fun and accessible, ensuring that every child feels included and motivated to participate.

We focus on safety and personal growth, prioritizing building strong relationships. We encourage children to set personal goals, celebrate achievements. Together, our team is committed to providing dynamic and interactive experiences that inspire children to stay active, make friends, and discover their potential.

## Experience, Training and Practices

The coaches undergo training in adaptive activities and inclusive coaching practices, equipping them to modify games and activities to accommodate varying abilities.

Our team members have direct experience working with children who have learning and/or physical disabilities. They are skilled in using tailored strategies to promote engagement and confidence.

Coaches work closely with children and their families to understand specific requirements, providing appropriate assistance where needed.

## Trust with Parents of Children with Disabilities

We understand that parents of children seek reassurance and confidence in choosing the most suitable programmes for their children. We aim to develop trust and establish a strong partnership with families:

**Communication:** We prioritize open lines of communication with parents. Before sessions begin, we encourage parents to share their child's specific needs, preferences, and any concerns. Regular updates and feedback during the programme help parents feel informed and involved.

**Experienced Staff:** Our team is composed of qualified professionals with extensive experience working with children with disabilities. We provide information about their training and backgrounds, emphasizing their commitment to inclusive practices and personalized support.

**Personalized Approaches:** We recognize that every child is unique. Our staff are trained to adapt activities to suit individual abilities and needs, ensuring that each child feels included and valued. Parents can trust that we will provide tailored support to help their child thrive.

**Safety and Well-Being:** The safety and well-being of participants is absolutely paramount. We adhere to strict safety protocols and have clear procedures in place to handle any challenges that may arise. Parents can feel confident that their children are in a secure and nurturing environment.

**Positive Environment:** Through our staff and facility we create an inclusive and supportive atmosphere where all children can express themselves and build friendships. By promoting a culture of respect and encouragement, we help children develop confidence and social skills.

**Feedback Opportunities:** We actively seek feedback from parents about their child's experience. Receiving these inputs helps us improve our programs but also allows parents to feel involved in shaping our delivery.